

For Immediate Release:

How a Chef on a Mission is Using Food to Increase Company Productivity!

It's true! Food really can be used to help build effective teams in the workplace to bring about amazing results, and one chef is proving this with a unique nationwide program. The program is called, "Corporate Kitchen Masterclass" and already it is producing some fantastic results for businesses and their bottom lines.

"Corporate Kitchen Masterclass" is the brainchild of renowned therapeutic chef and nutritionist, Samantha Gowing, owner of Gowings Food Health Wealth. For the last ten years, Samantha has been delivering Corporate Chef services to help bosses bring their corporate crew together to achieve amazing results, but the popularity of shows such as Masterchef has really boosted demand for Samantha's team building program.

"Shows like Masterchef show us all how teams can come together in the kitchen to produce some phenomenal results, and bosses who realize this seek my program out to help their workplace," says Samantha. "My Corporate Kitchen Masterclasses challenge each participant with exciting, hands-on cooking experiences and everybody leaves the class feeling inspired and excited by what they achieved and learned."

The Corporate Kitchen Masterclass brings teams together, and the fun environment of the class gives everybody the opportunity to learn brand new skills by working together. The unique program has helped bring about fantastic results for businesses with increased productivity and profits, but most importantly it arms participants with culinary know-how that has immediate benefits to their wellbeing.

"At work, because of busy job roles, people often get swamped by their tasks and it is easy to become disconnected from others," says Samantha. "Our masterclasses break down the walls and allow participants to work with one another on a level playing field. Bosses learn new things about their staff and come away from the experience with knowledge they can implement in the workplace to bring out the best in each employee, which in turn brings about improved results with productivity and bottom lines."

To learn more about this exciting program, check out www.foodhealthwealth.com or call Samantha on 0411 852 387.

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